

Thank you for purchasing a Sealey product. Manufactured to a high standard, this product will, if used according to these instructions, and properly maintained, give you years of trouble free performance.

**IMPORTANT:** PLEASE READ THESE INSTRUCTIONS CAREFULLY. NOTE THE SAFE OPERATIONAL REQUIREMENTS, WARNINGS & CAUTIONS. USE THE PRODUCT CORRECTLY AND WITH CARE FOR THE PURPOSE FOR WHICH IT IS INTENDED. FAILURE TO DO SO MAY CAUSE DAMAGE AND/OR PERSONAL INJURY AND WILL INVALIDATE THE WARRANTY. KEEP THESE INSTRUCTIONS SAFE FOR FUTURE USE.



Refer to instruction manual



Wear protective gloves



Wear goggles

### 1. SAFETY

- WARNING!** Ensure Health & Safety, local authority, and general workshop practice regulations are adhered to when using this workbench.
- Wear protective gloves and goggles during assembly.
- Locate workbench in a suitable work area.
- Keep the work area clean, uncluttered and ensure there is adequate lighting.
- WARNING!** Use workbench on level and solid ground, preferably concrete.
- Keep the workbench clean and tidy in accordance with good workshop practice.
- Keep children and unauthorised persons away from the work area.
- DO NOT** use the workbench for any purpose other than that for which it is designed.
- DO NOT** use the workbench outdoors.
- DO NOT** place the workbench in a damp or wet location or an area where there is condensation.
- DO NOT** clean the workbench with any solvents which may damage the surfaces or the protective coating.
- DO NOT** move the workbench when there are items placed on it.
- DO NOT** overload the workbench.
- DO NOT** undertake work on the workbench without the workpiece being adequately secured. Use clamps or a vice (not included but available from your Sealey stockist), to secure the workpiece.
- WARNING!** The warnings, cautions and instructions discussed in this instruction manual cannot cover all possible conditions and situations that may occur. It must be understood that common sense and caution are factors which cannot be built into this product, but must be applied by the operator.

### 2. INTRODUCTION

Thick 25mm MDF worktop, used for adding extra rigidity and durability. powder coated steel frame, for added corrosion resistance. Four adjustable feet for levelling on uneven ground.

### 3. SPECIFICATION

Model no: ..... AP0618.V3  
Weight: ..... 48.08kg  
Size (W x D x H): ..... 1800 x 600 x 925mm  
Maximum capacity (evenly distributed): ..... 500kg

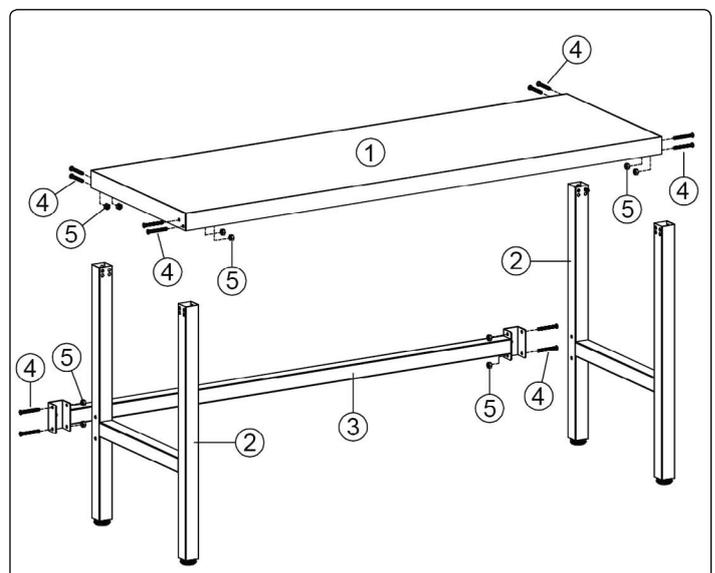
### 4. CONTENTS

- 4.1. Unpack the unit and confirm that you have all the parts listed.

No.	Description	Qty.
1	MDF table top	1
2	H leg frame	2
3	Horizontal back brace	1
4	M8 x 70mm pan head bolt	12
5	M8 x hex nut	12

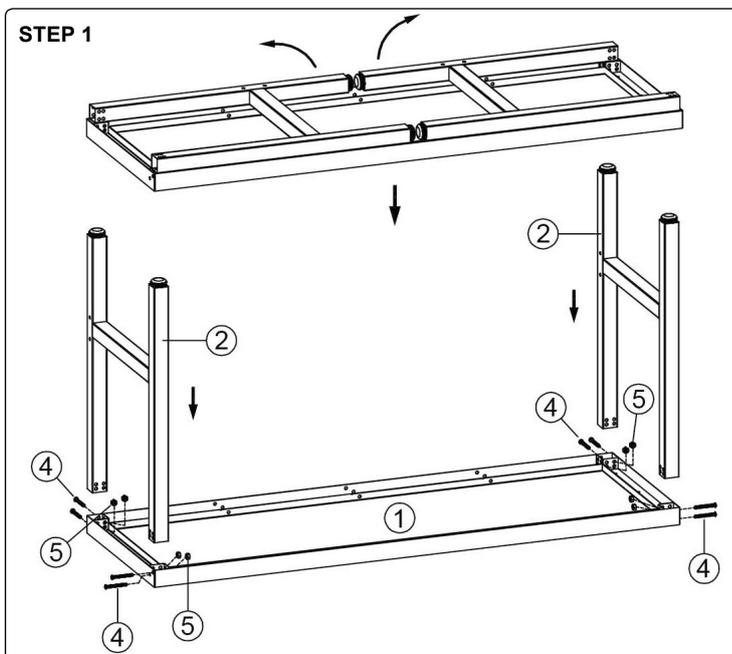
### 5. ASSEMBLY

- 5.1. Assemble on a solid, level surface - avoid carpet.  
5.2. The assistance of a second person will be required during assembly.  
5.3. Tools required: rubber mallet, crosshead screwdriver, adjustable spanner.



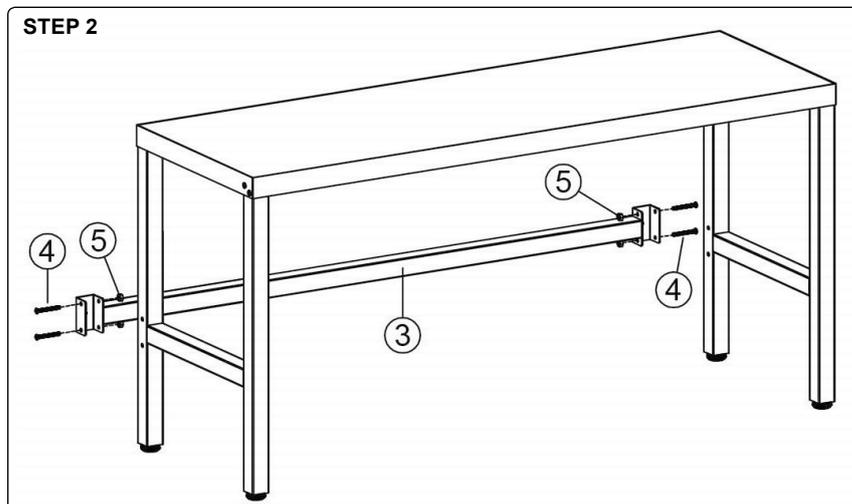
5.4. **STEP 1**

- 5.4.1. Lay the whole package on the ground with the table top (1) facing down.
- 5.4.2. Lift both H leg frames (2) upright as per diagram above and insert the leg frames (2) into the slots on each side of the table top (1).
- 5.4.3. Fix both H leg frames (2) to the table top (1) using the pan head bolts (4) and hex nuts (5) provided.



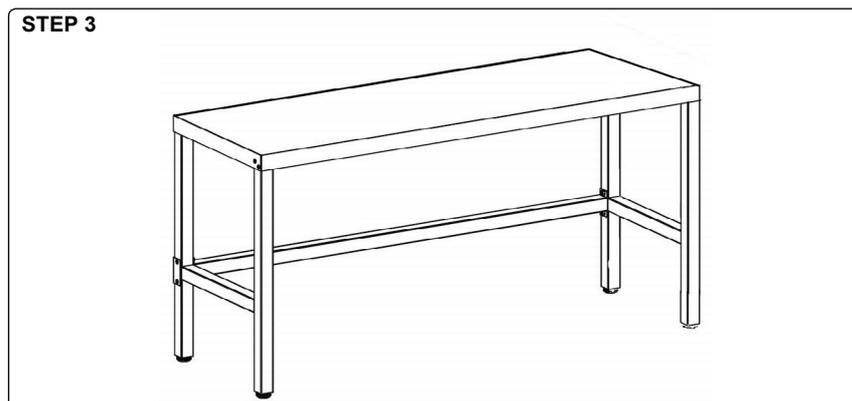
5.5. **STEP 2**

- 5.5.1. Invert the workbench so that it is upright.
- 5.5.2. Attach the horizontal back brace (3) and fix it to the leg frames (2) using the pan head bolts (4) and hex nuts (4) provided.



5.6. **STEP 3**

- 5.6.1. Assembly now complete.



**ENVIRONMENT PROTECTION**

Recycle unwanted materials instead of disposing of them as waste. All tools, accessories and packaging should be sorted, taken to a recycling centre and disposed of in a manner which is compatible with the environment. When the product becomes completely unserviceable and requires disposal, drain any fluids (if applicable) into approved containers and dispose of the product and fluids according to local regulations.

**Note:** It is our policy to continually improve products and as such we reserve the right to alter data, specifications and component parts without prior notice.

**Important:** No Liability is accepted for incorrect use of this product.

**Warranty:** Guarantee is 12 months from purchase date, proof of which is required for any claim.

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